

# spa & body therapies

**hot stone therapy** 45 MIN 103  
60 MIN 120  
90 MIN 160

Relax as your therapist administers an advanced stone massage therapy far exceeding traditional hot stone massage. This is a synchronized therapeutic massage that de-stresses all of you – mind, body and spirit. As you completely unwind, pent-up tension, fatigue and pain are gently vanquished, resulting in blissful relaxation.

**body wraps** 60 MIN 130

Awaken the mind and body with natural ingredients specially recommended for enhancing and detoxing to provide a feeling of well-being and comfort. Includes dry-brush exfoliation, shower and full-body moisturisation. Choose from French green clay, seaweed and peppermint detox wrap or enzyme seaweed exfoliating wrap.

**body scrubs** 60 MIN 115

Begin by exfoliating the skin using a ginger-lime sugar-glow scrub, and then deeply hydrate and condition the skin with shea butter oils. Customised moisture therapy leaves your skin silky soft and radiant.

**body scrub & wrap** 80 MIN 160

Combine the two for total skin rejuvenation.

**relaxation massage** 30 MIN 65  
45 MIN 99  
60 MIN 110

Rejuvenate mind, body and spirit with our specialty massage. Our highly trained therapists will customise the massage to suit your needs.

**remedial, deep tissue or pregnancy massage**

60 MIN 120

A stimulating massage and an excellent way to drain and regenerate tissues while dispelling the tensions that have built up in order to attain a state of absolute wellness. \* *Health fund rebates may apply with remedial massage. Please ask when booking.*

**stress-relief scalp massage**

15 MIN 35

Complete your day spa journey with an invigorating shoulder, neck and scalp massage which will have you floating out the door relaxed in mind, body and soul.

**stress-relief back treatment**

30 MIN 85  
60 MIN 125

Indulge in a massage with masque applied. Luxurious, invigorating and skin brightening. Can also treat problematic skins.

# spa & body packages

**top-to-toe experience** ALLOW 3 HOURS 315

Begin with a wonderful one-hour relaxation massage, indulge in a customized 60-minute facial and finish with a pedicure.

**the serenity experience** ALLOW 2 HOURS 210

Includes a one-hour relaxation massage, concentrating on your back and neck, followed by a Queenscliff Day Spa signature facial to help you float out the door.

**total indulgence package** ALLOW 2 HOURS 215

Enjoy a Tasman sea-salt scrub followed by a blissful 45-minute relaxation massage and 15 minutes of hot stone therapy.

**the coast experience** ALLOW 2.5 HOURS 295

Indulge in a customised facial, dry body brushing, a full-body scrub and a 45-minute relaxation massage. Heaven!

**a little 'me time'** ALLOW 1.5 HOURS 185

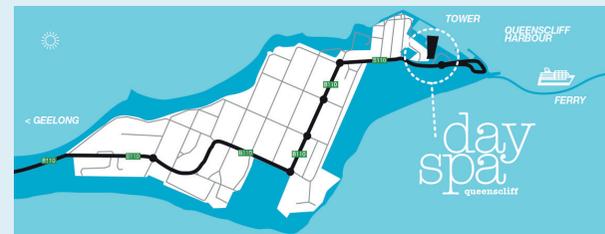
Choose from either a stress-buster massage and active exfoliation pedicure OR a Queenscliff Day Spa essential facial with a deluxe spa manicure. The perfect pick-me-up.

**half day in heaven** ALLOW 4 HOURS 365

Lie back and enjoy a Queenscliff Day Spa signature facial (including intensive eye treatment and ampoule), a fabulous back massage and a deluxe spa pedicure and manicure.

**ultimate pamper package** ALLOW 5.5 HOURS 580

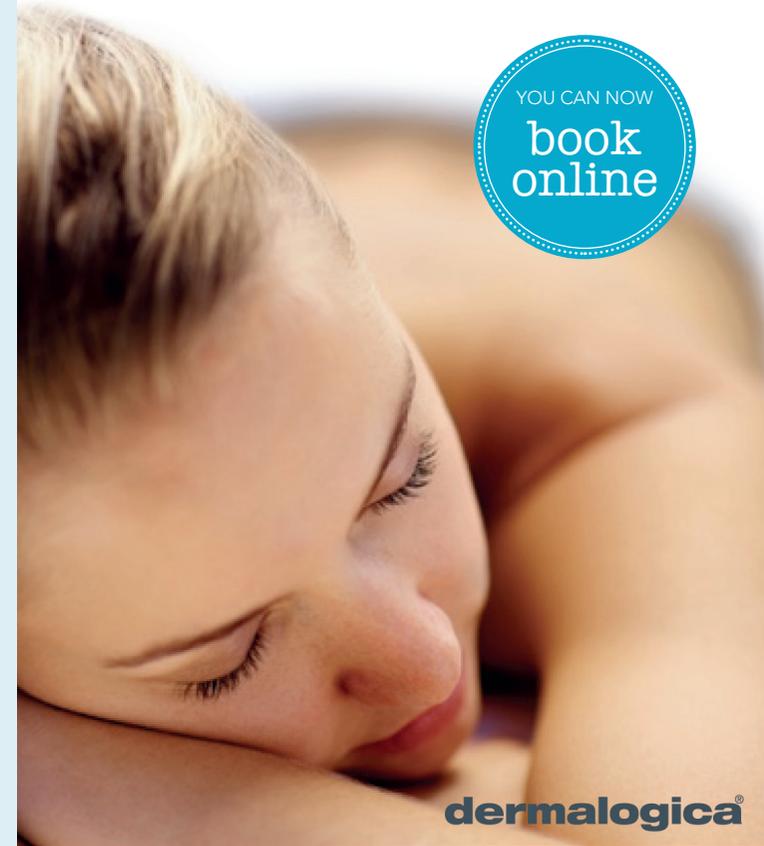
Indulge in the ultimate spa experience. The pampering begins with a full-body scrub, dry body brushing and a customised body wrap for total skin detox and hydration. Then luxuriate in the ultimate pamper facial, a 1-hour massage, a manicure and pedicure and a sublime Indian scalp massage to finish. Because you're worth it!



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**BOOKING AND CANCELLATION POLICY:** WE OPERATE A BUSY DAY SPA AND APPOINTMENT TIMES ARE PRECIOUS. WHEN BOOKING TREATMENTS, CREDIT CARD PAYMENT OF 30% OF TOTAL TREATMENT COST OR THE GIFT VOUCHER NUMBER IS REQUIRED TO SECURE YOUR BOOKING. SHOULD YOU NEED TO CANCEL YOUR APPOINTMENT, PLEASE GIVE US A COURTESY CALL WITHIN 24 HOURS. IF A BOOKING IS CANCELLED WITH LESS THAN 24 HOURS NOTICE, THE BOOKING FEE WILL REMAIN THE PROPERTY OF THE QDS.

# day spa queenscliff



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# facial treatments

Armed with a thorough skin analysis and professional products, your therapist will pinpoint exactly what your skin needs. Based on your consultation, your therapist will then customise the treatment.

## queenscliff day spa essential facial

45 MIN 89  
60 MIN 120

Includes double cleansing, steam, exfoliation, massage, masque and customised serum followed by treatment moisturiser. Choose from purifying, hydrating, soothing or rejuvenating treatments.

## ultracalming facial

30 MIN 75

Restore balance to sensitive skin or calm and soothe red itchy skin with this nourishing facial which locks in moisture and imparts hydration. Ideal for wind or sunburnt skin.

## cosmedipeel

80 MIN 149  
40 MIN 95

Microdermabrasion – a non-invasive technique useful for treating fine lines and wrinkles, post-acne scars, pigmentation, sun-damaged skin and oily, problematic skin. Amazing results from the first treatment.

## collagen facial

70 MIN 155

A hydrating and indulgent treatment which includes an exfoliation and the choice of an array of peels, scrubs and a collagen-infused ampoule and masque, followed by customised serums, hydrators and moisturisers. \* Includes indulgent massage.

## eminence experience

45 MIN 99  
60 MIN 135

Tailored for all skin types, this utilises an array of organic fruit, vegetable and herbal skincare that have natural vitamin infusions and high bioflavonoid content. It will help address a variety of skin concerns including premature aging, sun damage, acne, rosacea and loss of vitality, tone and radiance. This signature facial offers a wide spectrum of exfoliants, masques, serums and moisturisers that you and your skin specialist will select for a customised facial. \* Includes indulgent massage.

## o cosmedics signature radiance facial

60 MIN 145

A true red-carpet experience, this cosmeceutical facial includes a deep cleanse, a cosmeceutical-strength AHA/BHA, a vitamin A, C and E peel, a three-step exfoliation process and an indulgent massage using a creamy, hydrating masque, followed by a second therapeutic finishing masque. Your skin will be left hydrated, radiant and youthful.

# hand & foot treatments

## nature's feet spa pedicure

60 MIN 89

After a soothing soak your feet are exfoliated to remove dry, calloused skin and stimulate the circulation. A masque is then infused followed by a massage and polish. Choose from a selection of organic herbal teas to enjoy during your treatment. \* Shellac polish \$15 extra. \* Includes standard pedicure procedures & pedi-peel system.

## shellac glossy polish

30 MIN 55

Lasts three weeks on hands and five weeks on feet. Cured with LED. \* Includes next soak-off.

## shellac removal

18

## file & french polish

55

## petite pedicures or manicures

30 MIN 38

For the under 13s. File, massage and polish.

## nature's hands spa manicure

50 MIN 74

Hard-working hands will enjoy this nurturing treatment starting with a gentle exfoliation designed to smooth and lighten skin. A rejuvenating and nourishing masque is applied, followed by a soothing hand and arm massage to soothe and hydrate the skin. Choose from a selection of organic herbal teas to enjoy while waiting for your perfectly polished nails to dry. \* Shellac polish \$20 extra. \* Includes standard manicure procedures.

## beachcomber pedicure

30 MIN 61

Soak, file, buff and scrub and then finish with a colour. \* Includes a pedi-peel system.

## upgrade

25

Pedi-peel system with any service.

# enhancements

add to a facial/body wrap

collagen eye or lip treatment 25  
micro dermabrasion 25

foot-peeling treatment 25  
indulgent facial massage 25

# supplemental treatments

## full-body airbrush tan

ALLOW 15 MINS

1 PERSON 45  
2 PEOPLE 40 EACH  
3 PEOPLE 35 EACH

Instant golden-brown colour, lasts 5-7 days

eyelash tint 20 MIN 25

eyebrow tint 15 MIN 15

eyebrow & eyelash tint 20 MIN 35



# waxing services

Using non-recycled wax. Soothing ingredients are used for a gentle experience.

eyebrow	19	half leg & bikini	45
lip or chin	15	top half leg	35
chin & lip	28	top half leg & bikini	50
underarm	19	full leg	55
bikini line	25	full leg & bikini	65
brazilian	55	half arm	25
half leg	29	full arm	35

❖ Men's waxing available



# special occasion makeup

makeup session/lesson 30 MIN 55

## Youngblood Mineral Makeup

- ❖ Provides excellent coverage
- ❖ Kind to the most sensitive skins
- ❖ Gives the skin a natural glow

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MINERAL COSMETICS

