

# spa & body therapies

## Hot Stone Therapy

45 MIN	103
60 MIN	120
90 MIN	160

Exhale & relax as your therapist administers an advanced stone massage therapy far exceeding traditional stone massage. Synchronized therapeutic massage that de-stresses your entire being ... mind body & spirit. As you completely unwind, pent up tension, fatigue & pain are gently vanquished, resulting in blissful relaxation.

## Body Wraps

60 MIN	130
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Awaken the mind and body with natural ingredients specially recommended for enhancing and detoxing to provide a feeling of well being and comfort. Includes: dry brush exfoliation, shower and full body moisturisation. Choose from french green clay, seaweed and peppermint detox wrap or enzyme seaweed exfoliating wrap.

## Body Scrubs

60 MIN	115
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Choose from tasman sea salt scrub to stimulate circulation, exfoliate and nourish the body or ginger-lime sugar glow scrub to deeply hydrate and condition the skin with shea butter oils. Customised moisture therapy to leave your skin silky soft and radiant.

## Body Scrub & Wrap

80 MIN	160
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Combine the two for total skin rejuvenation.

## Relaxation Massage

30 MIN	65
45 MIN	99
60 MIN	105

Rejuvenate mind, body and spirit with massage with our specialty in massage at QDS. Our highly trained therapists will customise the massage to suit your needs.

## Remedial, Deep Tissue or Pregnancy Massage

60 MIN	120
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A stimulating massage - an excellent way to drain and regenerate tissues while dispelling the tensions that have built up and attain a state of absolute wellness. \* Health fund rebates may apply with remedial massage. Ask prior.

## Stress Relief Scalp Massage

15 MIN	35
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Complete your day spa journey with an invigorating shoulder, neck and scalp massage which will have you floating out the door relaxed in mind, body and soul.

## Stress Relief Back Treatment

30 MIN	85
60 MIN	125

Indulge in a massage with mask applied. Luxurious, invigorating and skin brightening. Can treat problematic skins also.

# spa & body packages

## top to toe experience

ALLOW 3 HOURS	310
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Begin with a one hour relax massage. Indulge in a customized 60 minute facial. Finish with a Pedicure. Enjoy a herbal tea afterwards.

## the serenity experience

ALLOW 2 HOURS	205
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Includes a one hour relax massage, concentrating on back and neck, and a Queenscliff Day Spa signature facial to float out the door.

## total indulgence package

ALLOW 2 HOURS	210
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Tasman sea salt scrub followed by a forty five minute relax massage and 15 minutes of Hot Stone therapy.

## the coast experience

ALLOW 2.5 HOURS	288
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Enjoy a slice of heaven. Indulge in a customized facial, dry body brushing, full body scrub, a forty five minute relax massage.

## a little 'me time'

ALLOW 1.5 HOURS	183
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All the things a girl needs:

- stress buster massage and active exfoliation pedicure OR
- a Queenscliff Day Spa essential facial with a deluxe spa manicure.

## half day in heaven

ALLOW 4 HOURS	360
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Indulge in a Queenscliff Day Spa signature facial, delight in a back massage and then finish with a deluxe spa pedicure and manicure. Intensive eye treatment and ampoule included in the facial.

## ultimate pamper package

ALLOW 5.5 HOURS	577
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Indulge in the ultimate spa experience, treatment will begin with full body scrub, dry body brushing and customised body wrap for total skin detox and hydration followed by an ultimate pamper facial, 1 hour massage, manicure and pedicure and Indian scalp massage to finish.

# day spa

queenscliff



dermalogica®



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**BOOKING AND CANCELLATION POLICY** WE OPERATE A BUSY DAY SPA AND APPOINTMENT TIMES ARE PRECIOUS. WHEN BOOKING TREATMENTS, CREDIT CARD PAYMENT OF 30% OF TOTAL TREATMENT COST OR THE GIFT VOUCHER NUMBER IS REQUIRED TO SECURE YOUR BOOKING. SHOULD YOU NEED TO CANCEL YOUR APPOINTMENT, PLEASE GIVE US A COURTESY CALL WITHIN 24 HOURS. IF A BOOKING IS CANCELLED WITH LESS THEN 24HRS NOTICE, THE BOOKING FEE WILL REMAIN THE PROPERTY OF THE Q.D.S.

# 5258 4233

Level 1, Queenscliff Harbour, Queenscliff, VIC 3225  
[www.queenscliffdayspa.com.au](http://www.queenscliffdayspa.com.au)



## facial treatments

Armed with a thorough skin analysis and professional products, your therapist will pinpoint exactly what your skin needs. Based on your consultation, your therapist will then customise the treatment. Whilst your treatment masque is on you may indulge in a relaxing scalp massage.

### Cosmedipeel

80 MIN	149
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Microdermabrasion - non invasive technique useful for treating fine lines and wrinkles, post acne scars, pigmentation, sun-damaged skin or oil problematic skin. Amazing results from the first treatment.

### Collagen Facial

70 MIN	155
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Deeply hydrating, plumping and indulging treatment. Your therapist will customise products to your skin's needs. Treatment includes exfoliation, choice of an array of peels and scrubs, collagen infused ampoule & masque, followed by customised serums, hydrators and moisturisers.

\* Includes indulgent massage.

### Dermalogica Biosurface Peel

60 MIN	165
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Powerful skin resurfacing system to reduce breakouts, pigmentation and signs of ageing. Reveals smoother, softer skin with no down-time. Includes a post treatment peel kit with five products. Best as a course of 3.

### Eminence Experience

45 MIN	99	60 MIN	135
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Tailored for all skin types, utilises an array of the very luscious fruit, vegetable and herbal skincare. These organic ingredients have an incredibly fresh aroma, with natural pure vitamin infusions and high bioflavonoid content. Addressing a variety of skin concerns such as premature aging, sun damage, acne, rosacea and loss of vitality, tone and radiance. This signature facial offers a wide spectrum of exfoliants, masques, serums and moisturisers that you and your skin specialist will select for a customised facial.

\* Includes indulgent massage.

### O Cosmetics Signature Radiance Facial

60 MIN	145
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A true red carpet experience, this WOW cosmeceutical facial includes a deep cleanse, a cosmeceutical strength AHA/BHA, vitamins A C E peel, a three-step exfoliation process followed by an indulgent ten minute massage using a creamy, hydrating mask, followed by a second therapeutic finishing mask. This treatment will leave your skin hydrated, radiant and youthful. Warning - this treatment is addictive.

### The Queenscliff Day Spa Essential Facial

45 MIN	89	60 MIN	120
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Designed to suit your skincare needs. Includes: double cleansing, steam, exfoliation, massage, mask & customised serum followed by treatment moisturiser. Choose from the purifying hydrating, soothing or re-juvenating treatments.

### Skin Collagen Induction Therapy

60 MIN	299
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Addresses the visual management of ageing: wrinkles, pigmentation, acne, scarring and enlarged pores. Circulation is increased and tiny electrical signals are triggered. This creates a biological chain of events to regenerate the cells. After a course of treatments, the skin is visibly revitalised, strengthened and replenished.



## hand & feet treatments

### Nature's Feet Spa Pedicure

60 MIN	89
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After a soothing soak your feet are exfoliated to remove dry calloused skin and stimulate the circulation. A masque is then infused followed by a massage and polish. Choose from a selection of organic herbal teas to enjoy during your treatment.

\* Shellac polish \$15 extra.

\* (INCLUDES STANDARD PEDICURE PROCEDURES AND PEDI-PEEL SYSTEM)

### Shellac Glossy Polish

30 MIN	55
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Last 3 weeks on hands and 5 weeks on feet. Cured with LED.

\* (INCLUDES NEXT SOAK-OFF)

### Shellac Removal

18
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### File & French Polish

55
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### Petit Pedicures or Manicures

30 MIN	38
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For the under 13's. File, massage and polish.

### Nature's Hands Spa Manicure

50 MIN	74
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Hard working hands will enjoy this nurturing treatment starting with a gentle exfoliation designed to smooth and lighten skin. A rejuvenating and nourishing masque is applied followed by a soothing hand and arm massage to soothe and hydrate the skin. Choose from a selection of organic herbal teas to enjoy while waiting for your perfectly polished nails to dry.

\* Shellac Polish \$20 extra.

\* (INCLUDES STANDARD MANICURE PROCEDURES)

### Beachcomber Pedicure

30 MIN	61
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Soak, file, buff and scrub - finish with a colour.

\* (INCLUDES A PEDI-PEEL SYSTEM)

### Upgrade

25
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Pedi-peel system with any service.

## special occasion makeup

### Makeup Session/ Lesson

30 MIN	55
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### Youngblood Mineral Makeup

- provides excellent coverage
- is kind to even the most sensitive skins
- gives the skin a natural glow

**YOUNGBLOOD®**  
MINERAL COSMETICS



## enhancements

Add to a facial/body wrap for \$25

- Collagen eye or lip treatment
- Micro Dermabrasion
- Foot peeling treatment
- Indulgent facial massage



## waxing services

NON-RECYCLED WAX IS USED. SOOTHING INGREDIENTS ARE USED FOR A GENTLE EXPERIENCE.

\* Mens waxing available

Eyebrow	19	Half Leg & Bikini	45
Lip or Chin	15	Top Half Leg	35
Chin & Lip	28	Top Half Leg & Bikini	50
Underarm	19	Full Leg	55
Bikini Line	25	Full Leg & Bikini	65
Brazilian	55	Half Arm	25
Half Leg	29	Full Arm	35

## supplement treatments

### Full Body Airbrush Tan

ALLOW 15 MIN

1 PERSON	45
2 PEOPLE	40 EACH
3 PEOPLE	35 EACH

Instant golden brown colour, last 5-7 days

### Eyebrow Tint

20 MIN	25
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### Eyebrow Tint

15 MIN	15
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Define your eyes and throw away your eyebrow pencil.

### Eyebrow & Eyelash Tint

20 MIN	35
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### Semi-Permanent Mascara

30 MIN	59
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### NEW! Our luscious and elegant Eyelash Extensions

Eyelash extensions individually applied to lengthen and thicken eyelashes - great for special occasions or for every day. Available in varying lengths and thickness.

Full set	2 HRS	130
2 week refill	30 MINS	45
3 week refill	45 MINS	55
4 week refill	60 MINS	70